

# Jennifer E Key DMD

*Practice Limited to Endodontics*

201 East Chestnut Street Suite A  
Asheville, NC 28801

(828) 251-0300

\*\*\*\*\***Instructions Following Root Canal Therapy**\*\*\*\*\*

Your tooth and surrounding gum tissue may be slightly tender for several days as a result of manipulation during treatment and previous condition of your tooth. This tenderness is normal and is no cause for alarm.

One common occurrence with a newly root-canalled tooth is for the tooth to feel high when you bite your teeth together. If this occurs it will cause your tooth to stay sensitive for a longer period of time. Please call us if your bite feels "high" as this problem is easily rectified with a simple bite adjustment.

A temporary has been placed to seal the tooth until the final restoration is placed by your dentist. It may flake away a little bit at the edges which is no cause for alarm. If the entire temporary comes out, please call the office or your dentist to have it replaced. Temporary restorations eventually allow leakage, so have your final restoration placed within 2 to 4 weeks.

Be gentle on the tooth until your endodontic therapy is completed and your tooth is covered with a protective restoration provided by your restorative dentist.

You may continue your regular dental hygiene regimen. Discomfort may be alleviated by taking ibuprofen (Advil), aspirin, or acetaminophen (Tylenol) as directed. NOTE: Alcohol intake is not advised while taking any of these medications.

If any medication has been prescribed please take it as directed and finish all antibiotics.

**Women:** If you have been prescribed antibiotics please note that they may make your oral contraceptives less effective. Please consult your local pharmacist if you have any questions.

**Office Hours: Monday-Thursday 8-5 and Friday 8-12**

**Emergency Contact: Dr Jennifer Key: (828) 279-1622**